

## Media Release: Update on the coronavirus by Premier Alan Winde 19 July 2020

As of 1pm on 19 July, the Western Cape has 13 331 active cases of COVID-19, with a total of 83 948 confirmed cases and 68001 recoveries.

Total confirmed COVID-19 cases	83948
Total recoveries	68001
Total deaths	2616
Total active cases (currently infected patients)	13331
Tests conducted	374374
Hospitalisations	1578 with 326 in ICU or high care

### Sub Districts Cape Town Metro:

Sub-district	Cases	Recoveries
Western	7061	5927
Southern	7334	6104
Northern	4840	4131
Tygerberg	10552	8841
Eastern	7619	6429
Klipfontein	7677	6463
Mitchells Plain	6708	5620
Khayelitsha	7444	6518
<b>Total</b>	<b>59235</b>	<b>50033</b>

### Sub-districts:

District	Sub-district	Cases	Recoveries
Garden Route	Bitou	256	129
Garden Route	Knysna	633	306
Garden Route	George	1736	1017
Garden Route	Hessequa	78	36
Garden Route	Kannaland	43	21
Garden Route	Mossel Bay	797	378

Garden Route	Oudsthoorn	290	136
Cape Winelands	Stellenbosch	1604	1286
Cape Winelands	Drakenstein	3408	2872
Cape Winelands	Breede Valley	2418	1901
Cape Winelands	Langeberg	821	605
Cape Winelands	Witzenberg	1032	791
Overberg	Overstrand	1170	930
Overberg	Cape Agulhas	135	84
Overberg	Swellendam	202	112
Overberg	Theewaterskloof	803	607
West Coast	Bergrivier	276	220
West Coast	Cederberg	77	51
West Coast	Matzikama	163	97
West Coast	Saldanha Bay Municipality	989	771
West Coast	Swartland	962	685
Central Karoo	Beaufort West	118	49
Central Karoo	Laingsburg	17	7
Central Karoo	Prince Albert	1	0

Unallocated: 6684 (4877 recovered)

**Data note:** As we move closer to the peak, it is not possible to check and verify that the address data supplied for each new recorded case is correct, within the time frames required to provide regular and timely updates. This means that in some instances, cases could be allocated to the wrong sub-districts. We are working with the sub-districts to clean and verify the data and where errors are picked up locally, cases will be re-allocated to the correct areas.

More data is available here: <https://coronavirus.westerncape.gov.za/covid-19-dashboard>

The Western Cape has recorded an additional 29 deaths, bringing the total number of COVID-19 related deaths in the province to 2616. We send our condolences to their loved ones at this time.

#### **An explanation of today's data:**

The total number of cases in the Western Cape is lower today than it was yesterday. This is because some cases from other provinces were mistakenly allocated to the Western Cape over the past week. This has been corrected, and as such, the total number of cases stands at 83948 today.

### **End of my isolation period:**

Today marks 14 days since I first started experiencing COVID-19 symptoms. When I first started my isolation, the mandatory self-isolation period was 14 days- however Minister Zweli Mkhize announced on Friday that this has now been revised to 10 days for those who test positive, in line with WHO recommendations. I have therefore completed my isolation.

My health is slowly improving, although I am still experiencing some symptoms such as a cough. Over the past two weeks, I have been following my doctor's instructions to rest as much as possible, especially as I am in the high-risk group of being a type 2 diabetic.

I have therefore been conducting a limited number of essential meetings from home during this period, but I am due to return to work tomorrow. I will continue to take precautions until I am fully recovered. I urge anyone who is COVID-19 positive, and especially those who fall into high risk groups, being over the age of 55 or with underlying illnesses, to do the same. Diabetics should also be monitoring themselves and their blood glucose levels closely.

Over this period, I have been overwhelmed by the kindness and care shown to me by people from across the province and the country. I am grateful for all of the messages, and support, which reflect the wonderful spirit of the people of this country. I ask that we all continue to hold those who are sick in our thoughts and take all the necessary precautions to ensure that we protect ourselves and others from contracting COVID-19.

Staying home whenever possible or wearing a mask and social distancing when we do go out, are important steps in ensuring that we can slow the spread of the virus in this country. Hygiene measures such as hand washing, cleaning surfaces and covering your nose and mouth when you cough, or sneeze remain important at all times. These are simple precautions that can have a major impact, and I thank those people who have really taken every effort to protect themselves and their loved ones.